

Prayers^{for} the Advent Season



Redemptorist Pastoral Publication



Liguori
PUBLICATIONS

A Redemptorist Ministry

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Liguori.org • 800-325-9521

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Published by Liguori Publications
Liguori, Missouri 63057

To order, visit Liguori.org or call 800-325-9521

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pISBN 978-0-7648-2769-3

eISBN 978-0-7648-7155-9

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Printed in the United States of America

20 19 18 17 16 / 5 4 3 2 1

First Edition

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Advent is easily overlooked in the flurry of Christmas. We get caught up in holiday preparations, and when we should be eagerly awaiting the coming of Jesus we find ourselves wishing for more time.

This collection of prayers centers on the mysteries of Advent. Take this pamphlet with you wherever you go this Advent and Christmas season. When you feel yourself getting swept up in the stress and constant motion of Christmastime, pause and spend time contemplating the mystery and anticipation of the season.



Learning From Mary During Advent



Lord, your mother, Mary, and her “yes” to God’s request is central to the Advent mystery. Help us to become her children and yours, so we may be enveloped in the confidence of being truly loved and cared for by you both. Make it possible for us to say our “yes” to your invitations, no matter how reluctantly we may do so. Amen.

adapted from *Advent and Christmas Wisdom from Henri J.M. Nouwen* a Redemptorist Pastoral Publication



Mary, you are the model of faithfulness. As a young woman, you confidently opened yourself to

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God's will and became the mother of our Savior. You remained a faithful disciple of your Son throughout his life. During this Advent season, teach me to be humble so I too might be open to God's will. Inspire me so that during the rest of my life I might follow your Son as faithfully as you did...to the foot of the cross.

adapted from *Advent and Christmas Wisdom*
from Pope John Paul II compiled by John Kruse



Jesus, your mother, in an act of unconditional surrender to the will of God, made room for you in her life. The Gospel of Luke tells me that at the moment of your birth there was no room for your family in the inn. Therefore, you came into the world in a manger (2:7). At your coming this Christmas, I want to be sure there is room for you in my heart. May this